

St. Isidore

Athletic Handbook

2011-2012

Athlete's Prayer

God, let me play well but fairly.
Help me to learn something that matters
once the game is over.
Let competition make me strong but never hostile.
Always let me help my opponent up.
Never catch me rejoicing in the adversity of others.
If I know victory, allow me to be happy; if I am denied, keep me from
envy.

Remind me that sports are just games.
If through athletics I set an example,
Let it be a good one.

-Gregg Easterbook

Purpose:

1. To provide the children of St. Isidore School with a fun experience while learning the fundamental skills of a particular sport.
2. To promote a spirit of teamwork, discipline and Christian sportsmanship.
3. To provide physically and mentally healthful experience for students through compliments, praise and positive recognition.

Philosophy:

The interscholastic athletic program at St. Isidore School is designed to promote the physical, emotional and spiritual growth of the individual student-athlete consistent with the educational philosophy of the school. The coaching staff through team play, team practice and individual instruction encourages such growth. At the appropriate grade level, each student-athlete is given the opportunity to develop athletic skills and personal character through individual effort and team competition. It should be remembered that athletics should always remain secondary to the student-athlete’s academics.

Programs:

The following sports are available to St. Isidore students according to the interest of students at a particular grade level and the availability of qualified coaches.

Fall

Volleyball	Boys/Girls	(5 th boys play in a division with 6 th & 7 th with 8 th)
Cross Country	Boys/Girls	(combined with members of St. Irene’s School)

Winter

Basketball	Boys/Girls
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Spring

Track	Boys/Girls	(combined with St. Irene’s & St. John’s Schools)
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Size of Teams

Volleyball	Minimum 8 players---if 16 or more players sign-up, 2 teams of equal ability will be formed from independent evaluations.
Cross Country	As determined by the governing body for the St. Irene’s team.
Basketball	7-13 players per team, 2 teams will be formed at 14 or more Players if it is determined that enough players will commit to being there for the St. Isidore team.

Track & Field

As determined by the governing body for St. Irene's team.

The "A" and "B" teams for volleyball and basketball shall be evaluated and divided as equally as possible in terms of talent and numbers. The athletic director shall arrange evaluation days and times with evaluators who are not coaches or parents of the student-athletes being evaluated. Reevaluation will occur for each subsequent year that a division of teams at a grade level is needed. The number of teams shall depend upon league and coaching availability.

If two consecutive grades do not have enough to field a team on their own, but combined together are able to create one, the team will play at the higher grade level as prescribed by league rules.

Team Evaluations

All students wishing to participate in those sports requiring evaluations must attend said evaluations on the date(s) designated to be considered for the team. Exceptions to this requirement will only be made in the event of a medical condition or emergency as determined by the Athletic Director, or other exception approved by the Athletic Director **prior** to the evaluation(s).

Physical Examinations

The Joliet Diocese requires a pre-participation sports physical examination of any student participating in the athletic program. All physicals are good for one calendar year from the date of the examination. The State of Illinois requires a physical for all incoming 6th graders; this physical meets the requirement for 6th graders participating in sports. Students will not be allowed to practice or participate in game play until a current physical is on file with the school nurse.

Fees

An annual athletic fee will be charged each child to participate in any of the athletic programs offered at St. Isidore. The fee is to be determined by the Athletic Director/Athletic Board. It will be refundable only for reasons of medical disability before the start of the season or withdrawal from the school during the first month of the program.

Legal Release

Parents or legal guardians of children participating in the program must sign a form releasing the school/church/program directors/coaches/supervisors and supporters from any liability in the event of injury or mishap to the student.

STUDENT-ATHLETE'S CODE

▪ **Participation**

- Student-athletes must read the Athletic Participation Agreement established by the SIS Athletic Board, then sign and return it to the Athletic Director prior to the start of a sport. Failure to do so will detain the student-athlete from participating in the specified sporting activity (practices and games).
- To participate in any sport, a student-athlete must present a Legal Release signed by a parent/guardian and a Medical Information and Emergency Card. Failure to do so will detain the student-athlete from participating in the specified sporting activity (practices and games).
- Physicals for all student-athletes are required. Student-athletes' physicals in Grade 6 are state mandated and, therefore acceptable.
- In addition to the rules and eligibility requirements of the school, all student-athletes will be bound by league rules regarding age, grade level, etc.
- Students who are injured should attend practices when possible in order to learn plays. Injured players may sit on the team bench during games.

▪ **Uniforms and Equipment**

- Student-athletes will be issued uniforms/equipment upon payment of athletic fees. Fee listing accompanies registration notice.
- Student-athletes are responsible for the team uniforms and equipment issued to them for use during the appropriate season. They must be returned within the two weeks of the end of the season or pay the replacement value of the uniform and/or equipment. A \$.25/day fee will be applied for uniforms not returned in a timely manner.
- All equipment issued and used for the Athletic Program is the property of St. Isidore School. Each student-athlete is issued a uniform and becomes responsible for the care and cleaning of it. Proper washing instructions must be followed. (see instructions at the back of this book). Uniforms may be worn for school sanctioned games only. **No uniforms should be used for practice sessions or casual wear (this includes Fast Food Fridays).**
- Each student-athlete is responsible for the loss of a uniform or damage other than normal wear. Drawstrings should not be removed or cut. A charge will be assessed for any equipment that is damaged, lost or destroyed because of misuse, abuse or neglect of the student-athlete.

- **Jewelry, Hair and Glasses/Contacts**

- No student-athlete shall wear rings, bracelets (wrist or ankle), neck chains or earrings during any practice, game, race or meet. Pierced earrings are not allowed to be covered by Band-Aids or tape, but must be removed. If earrings are not removed officials will deny entry into games, matches or meets.
- Girls with hair long enough to be put into a ponytail are encouraged to do so. Hair must be held in place using something of a soft nature. Metal or plastic headbands, barrettes, bobbie pins or clips are not allowed. Beading of the hair is not allowed and will have to be removed before entry into athletic competition.
- No type of hat is allowed as a head covering during practice or play.
- Any student wearing eyeglasses will supply their own strap to keep the glasses safely on their head. Protective eyewear is encouraged.
- Any student-athlete wearing contacts should have cleaning solution and a case available if the contacts need to be taken out.

- **Gym Shoes**

- Gym shoes used for practices and games in basketball and volleyball shall be for gym use only, and shall not be used as street shoes.

- **Player Purchased Equipment**

- Basketball: Shoes (see gym shoes)
Athletic Socks

Volleyball: Knee Pads
Shoes (see gym shoes)
Athletic Socks

Track/Cross Country: Cushioned Running or Cross Training Shoes
Athletic Socks

- **Behavior**

- All student-athletes participating in SIS sports are representatives of SIS, whether they are on the field of play, in the school or within the community and should behave in a manner in accordance with the beliefs and standards of our school.
- Any unlawful use of tobacco, drugs or alcoholic beverages by any student-athlete at any time shall result in said student-athlete's immediate dismissal from all interscholastic sports programs for a period of one year.
- Student-athletes may never use profanity. The student-athlete may be subject to discipline, including suspension or expulsion from the team, if this policy is violated.

- A student-athlete may not argue with or confront an official during a game. The student-athlete's coach and the Athletic Director will deal with violations of this rule.
 - SIS student-athlete must always exhibit good sportsmanship. They should be courteous and congratulate their opponent on a well-played game. They should always encourage their teammates at all times and never criticize a teammate for a bad play or loss of a game.
 - Any student-athlete disciplined by the school may be suspended from practices and/or games. The Principal shall determine the imposition and length of any suspension. The Principal will notify the Athletic Director and the parents/guardians of any suspension from athletics, and the termination of any such suspension.
 - Student-athletes should exhibit respectful, attentive behavior at all practices and games. Coaches may remove a student-athlete from practice for inappropriate behavior.
 - As stated in the St. Isidore Discipline Code, a suspension from extra-curricular activities will occur when a student has received four detentions. A conference will be scheduled at this time with the student, teacher, parents and principal. A contract may be drawn up at this time to help the student to change behavior in order to regain privileges. In the rare occasion of a student receiving a fifth detention for a behavioral offense, the extra-curricular privileges will be suspended for the remainder of the semester/sport season.
- **Academics**
 - Participation in SIS sports is a privilege not a right. Student-athletes will be expected to comply with all SIS academic standards during the school year.
 - Upon the issuance of a midterm or report card, any student-athlete with an achievement grade of less than a D (D- or F) in any subject will be suspended from all extracurricular activities (including practices) for two weeks. The suspension will begin immediately after the report has been issued. The eligibility will be reevaluated at the end of the two-week period. If there has not been adequate improvement, the suspension will continue. **During the time of academic ineligibility the student-athlete may attend games, but may not sit on the team bench.**
 - **Practice**
 - **Attendance at practice is mandatory and it may affect playing time and/or participation in the next game.** Each student-athlete or their parents/guardians must report an anticipated absence to the Coach or Athletic Director prior to a practice or game. If a coach cannot be reached, the Athletic Director is to be notified at 630-295-8359. **Failure to comply with this rule shall constitute an**

unexcused absence. All communication to coaches should come from the parents.

Excused absences will be accepted under circumstances including:

- Death in the family
- Emergency** Doctor/Dentist appointment
- Illness
- Academic reasons, on occasion

Any student-athlete with an unexcused absence for a practice or game may experience a no play, a no start or a limited play rule as deemed appropriate by the coach unless determined otherwise by the Athletic Director. It will apply to all student-athletes for all games. Excessive excused or unexcused absences constitute grounds for suspension from games or dismissal from the athletic team.

- If a student-athlete is absent from school the day of a game, the student-athlete may NOT participate in that particular game. An excused absence may constitute an exception to the rule. An appeal from this rule must be made to the Principal. If they are absent on a Friday and healthy enough they may participate in Saturday games.
- If practice is canceled or rescheduled, the Athletic Director or coach shall notify the players and/or their parents/guardians, or there will be an announcement through school.
- Players should arrive no more than 5 minutes before the start of a scheduled practice time and practice should be finished no more than 5 minutes after the scheduled ending time.
- Practice time is based upon school and Diocesan policies and facility and coach availability.

Playing Time . . . for the following Sports

- Playing time for the student-athlete is based upon league policies, school policies, grade level, effort, attitude, and athletic ability and eligibility under these rules.

Basketball- (Boys and Girls)

5th/6th Grade: All players are to play in each game an amount equal to or greater than one (1) full quarter.

However, substitution of any player may be made:

1. In case of injury
2. The player has one technical foul
3. The player has been removed from the game by the referee or game official

7th/8th Grade: All players are to play in each game an amount equal to or greater than one (1) full quarter.

Tournament and End-of-season play-offs, playing time is at the coach's discretion, but meet league and tournament policies.

Volleyball- (Boys and Girls)

All players are to have substantive/meaningful play time in every match according to attendance at practices, display of effort and positive attitude.

5th/6th: Each student-athlete shall play in at least one game per match.

7th/8th: All players are to have substantive/meaningful play time in every match.

Tournament and End –of-the-season play-offs, playing time is at the coach's discretion, but must meet league and tournament policies.

Track- (Boys and Girls)

Each student-athlete will be placed in an event (s) according to eligibility, availability and effort. Track rules allow for participation in no more than 4 events per meet.

PARENTS'/GUARDIANS' CODE

Parents/Guardians should always remember that, as adults and as parents/guardians, they are their student-athlete's primary role model. The purpose of the St. Isidore School Athletic Program is to provide an opportunity for all interested participants to develop and improve their skills in a selected sport.

The parents/guardians must:

- ❖ Will not be allowed to “coach” from the sidelines at anytime.
- ❖ Remember that they represent SIS and that their conduct should represent the principles of Christian behavior.
- ❖ Treat coaches, game officials, team members, and opposing teams, parents and coaches with courtesy and respect.

- ❖ Refrain from swearing and verbal intimidation. Any parent/guardian or spectator not abiding by these behavioral guidelines will be asked to leave a sporting event by the Athletic Director, coach, staff observer, or game official.

❖ Follow the chain of command for addressing concerns and problems. If a problem arises, first contact the coach. However, there will be a 24-hour waiting period before addressing any concern or issues. If you are unsatisfied with the answer or unable to resolve it, go to the Athletic Director. If the situation still is unresolved, the concern may be presented to the Athletic Board. In each instance, careful consideration and timely response should be given with no retaliatory measures inflicted upon the student-athletes.

- ❖ Be responsible to see that your student-athlete's team uniform is returned in clean condition within the two weeks of the conclusion of the season. If this requirement is not fulfilled, you will be charged the cost of replacing the uniform. Failure to return the uniform or pay its cost will detain the student-athlete from participating in any other sporting activity (practices and games). If this occurs at the end of the school year, the student-athlete's academic report card may be withheld.

- ❖ Send in athletic fees by the sport sign-up date or in case of family financial problems apply for a sport scholarship or make arrangements for a payment plan. Anyone paying after the sign-up date or not setting up a payment plan will be assessed a \$15.00 student late fee.

- ❖ Assist their student-athlete in coordinating their schedules to maintain acceptable scholastic standards as defined by the school.

- ❖ Younger brothers/sisters are welcome at all sporting events except practices. When inside the gym, parents are **expected** to supervise their behavior and respect the athletes and facilities, as well as other activities such as meetings. These young children should observe the game from the bleachers/stands and are not allowed around the facilities or grounds unsupervised.

- ❖ Be prompt in dropping off and picking your student-athlete up from practices. Parents may escort student-athletes to the door; however they are not allowed to stay for practices.

- ❖ Attend the pre-season meeting with coaches and Athletic Director.

❖ Support you student-athlete's coach. *Let the coaches' coach!*

- ❖ Support the Athletic program through assistance at home events. Every family is required to work a set amount of home games as determined by the Athletic Director. You must find your own replacement and notify the Athletic Director of the change.

- ❖ Complete and return Athlete Emergency Cards (2) in the event a student-athlete is injured and requires care from emergency services.
- ❖ Review, sign and return a copy of the St. Isidore Parents' of Athletes Responsibilities form, Legal Release and Athlete Emergency Cards (2). Failure to do so may detain your student-athlete from participating in the specified sporting activity (practices and games).
- ❖ Review this booklet (SIS Athletic Handbook 2011-2012) and sign the enclosed acknowledgement form of the booklet and return it by the printed specified date on the form. Failure to do so may detain your student-athlete from participating in any sporting activity (practices and games).

COACHES CODE

The educational philosophy and mission of St. Isidore School (SIS) calls for the encouragement of all students to develop their full intellectual, physical and spiritual potential through the programs offered at the school. The experiences offered through the athletic program are important and are an integral part of that educational process.

The success of the SIS Athletic program in carrying out the mission of the school is dependent upon the generosity and cooperation of the many volunteer coaches who share their time and talents. All participating coaches must articulate the philosophy and mission of the school through their actions and dialogues with student-athletes. They are to provide by personal example and direction the ideals of leadership, citizenship, sportsmanship and fair play to the athletes and spectators. They must understand their role as teachers and their responsibility to create a feeling of team loyalty by the positive encouragement and constructive criticism of team members. Their success is not to be determined by their winning percentage but according to how they instill life skills in each student-athlete through participation including discipline, accountability, teamwork, work ethic, fairness and striving for goal achievement.

Regular participation by all team members in team activities is essential to the accomplishment of those goals. Coaches do not have the option to play or severely limit the play of any team member who is in good standing. Doing so would only serve to undermine the ability to achieve the overriding goals of the athletic program in the broader educational mission.

All coaches must recognize that good competitive play is essential in enriching the educational experiences of the athletic program; however, at no time should it override

those more important goals of the athletic program. Substantive playing time in all games by all members of the team in good standing provides the recognition and encouragement that is necessary for the overall success of the team in meeting stated goals. It is the responsibility of the coach to provide the necessary balance between competitiveness and meaningful participation by all team members.

All coaches are to follow the guidelines and policies set forth by the Diocese of Joliet, the leagues in which they participate and the Athletic Board, In addition all coaches are to:

- ❖ Remember they are dealing with children.
- ❖ Always be conscious of student-athlete safety.
- ❖ Be a student of the game.
- ❖ Understand they are role models.
- ❖ Provide feedback to players regarding their performance during practices and games.
- ❖ Periodically communicate with parents regarding their child's performance.
- ❖ Allow dispensation to team rules when it involves academics or extenuating family circumstances.
- ❖ Be on time for both practices and games.
- ❖ Bring to the attention of the Athletic Director or Principal any problems with athletes, parents, spectators or officials.
- ❖ Begin each practice/game with a prayer.
- ❖ Provide proper supervision at all times. You are responsible for your team's actions and behavior. **Never leave** students unsupervised at either practices or games. Be sure parents transporting children understand that the children may not be left until you are in attendance. **Two** adults must stay until the last child is picked up.
- ❖ Check your playing field/area for any hazards. Be aware of weather limitations/hazards as well.
- ❖ Under no circumstances is a student to start practicing before the coach is in attendance.
- ❖ Be sure each member of a team warms up properly. Inadequate warm-up can result in injury and poor performance.
- ❖ Know Basic First Aid. Know what you can and cannot treat. Always inform parents and school of any injury – even those deemed to be minor.

Coaches are also responsible for the following administrative tasks:

- ❖ To attend a pre-season meeting with the Principal and/or Athletic Director.
- ❖ To attend League pre-season meetings.
- ❖ To conduct pre-season, introductory and season concluding meetings with players and parents to direct the student-athletes and parents.
- ❖ To provide the Athletic Director with Award Information in a timely manner.
- ❖ Maintain attendance records. (on form provided)
- ❖ Coaches are required to sign all required forms before the beginning of the season.

GYM GUIDELINES

- ❖ If you are coaching the first game of the day, you need to help set up the equipment.
- ❖ If you are coaching the last game of the day, you need to help tear down the equipment.
- ❖ If you are the last team in the gym, turn off the lights.
- ❖ Report scores to the Athletic Director by e-mail or voicemail.
- ❖ Report any problems to the Athletic Director.
- ❖ With the help of your student-athletes, keep the gyms clean, including gyms at other schools.

SIS ATHLETIC BOARD

The SIS Athletic Board was established in 2007 by the SIS administration for the purpose of stimulating parish-wide interest in and voluntary support for the athletic programs in our school. Please adhere to the guidelines/regulations to make the sports programs an enjoyable physical, emotional and spiritual experience for the student-athletes and help promote desirable and excellent St. Isidore Cyclone School spirit.

Our meetings are held at 7:00 PM on the 2nd Thursday of every month. Anyone interested in assisting us or offering ideas is welcome to attend. Please confirm times and locations before the meeting by contacting the Athletic Director, Principal or any Board member.

2011-2012 Athletic Board Members

Keith Holman
Sherry Schellinger
Dennis Szewczyk
Mike Alimento
Nancy Butler, Athletic Director
Cyndi Collins, Principal

The SIS Athletic Board, with the approval of the Principal, may revise this Handbook at any time. Proper notification will be given to the Athletic Director, coaches, parents/guardians and student-athletes in an appropriate time frame.

The Principal and Pastor's decision on all matters is final.

Reviewed and revised March 2011

Legal Release for Athletic Participation

We recognize and acknowledge that as our child participates in this program, there are certain risks of physical injury, and we agree to assume the full risk of any injuries including death, damage or loss which our child may sustain as a result of participating in any and all activities connected with or associated with such program.

We agree to waive and relinquish all claims our child may have as a result of participating in the program, against the Joliet Diocese, St. Isidore Parish and School, St. Isidore Athletic Board and their respective officers, agents, servants and employees.

We do hereby fully release and discharge the Joliet Diocese, St. Isidore Parish and School, St. Isidore Athletic Board and their respective officers, agents, servants and employees from any and all claims from injuries, including death, damage or loss which our child may have or which may accrue to our child on account of our child's participation in the program.

We further agree to indemnify and hold harmless and defend the Joliet Diocese, St. Isidore Parish and School, St. Isidore Athletic Board and their respective officers, agents, servants and employees from any and all claims resulting from injuries including death, damages and losses sustained by our child arising out of, connected with, or in any way associated with the activities of the program.

St. Isidore School will enforce the rules and regulations as stated in the Athletic Responsibility Codes and hold all involved responsible for abiding by those guidelines.

Printed Name of Parent or Guardian of Participant

Date

Parent or Guardian Signature
(Both parents' must sign - if applicable)

Date

Student's Name (please print) _____

Student's Name _____

Student's Name _____

Student's Name _____

St. Isidore Parents' of Athletes Responsibilities

Parents' responsibilities include and are not limited to the following:

1. Assuring that Athletic Fees are paid.
2. Signing and returning important documents such as the Legal Release, Responsibility Forms, and Emergency Cards on time.
3. Making sure your student-athlete has a current physical that is on file in the school office.
4. Dropping off and picking up your child from practices and games on time. (Never leave your child at school without adult supervision.)
5. Encouraging your child to maintain good grades.
6. **Setting a good Christian example by treating officials, coaches, athletes and fans with respect and dignity.**
7. Supporting the coach. (Remember that each coach volunteers many long hours to our program. If you have a problem or suggestion, discuss it with the coach first when no children are present. Then, if necessary, discuss it with the Athletic Director or bring it to the Principal's attention.)
8. Cleaning, care and return of all school athletic uniforms on time.
9. Supporting the athletic program at St. Isidore through your help at games hosted in the St. Isidore facility (setting up, ticket sales, concession sales, scoring, or clean-up.)
10. Never discipline your child for making game mistakes or if the team loses.
11. Being a good guest at our or any other school's facility through good sportsmanship, helping to keep the facility clean, and by not arriving too early or staying too late.
12. Being a good fan by refraining from put-downs, insults, profanity or other inappropriate language or actions.
13. Making sure your child understands his/her responsibilities.

I have read and understand my responsibilities:

Parents' or Guardians' Names Printed

Date

Parents' or Guardians' Signatures

St. Isidore Student-Athlete's Responsibilities

Student-athlete's responsibilities include, but are not limited to:

1. Being on time for all practices and games.
2. Notifying your coach if you cannot attend a practice or game and if you know you will be late. (Any students absent from school due to illness or an unexcused absence will not be allowed to participate in practices or games that day.)
3. Attending practices and games on a regular basis.
4. Following the school rules as set out by the Parent/Student Handbook.
5. **Acting in a Christian manner by treating officials, coaches, other athletes, teammates, and fans with respect and dignity.**
6. Practicing good sportsmanship by refraining from put-downs, insults, profanity, and other inappropriate language or actions.
7. Respecting the property of others.
8. Respecting the facilities used for practices and games by cleaning up water bottles, etc.
9. Keeping your uniform neat and clean and wearing it only for athletic competitions and team pictures.
10. Maintaining good grades in school.
11. Maintaining appropriate behavior both on and off the playing field.
12. Only participating in athletic activity with an adult supervisor present.
13. Taking care of equipment issued to your team.

I have read and understand my responsibilities:

Student's Name Printed _____ Date _____

Student's Signature _____ Date _____

Student's Signature _____ Date _____

Student's Signature _____ Date _____

Acknowledgement of Athletic Handbook Receipt

The Athletic Handbook is an important document for all parents and student-athletes to read and understand. Please read it carefully and return this page signed by both parents and student (s).

We have carefully read the St. Isidore Athletic Handbook and pledge to honor and support the athletic program, school rules and philosophies.

Family Name (printed) _____

Parents'/Guardians' Signatures _____

Student's Signature (s) _____

March 2011

Directions to Game Gyms and Tracks

All directions are written as if you were leaving St. Isidore School grounds. Addresses have been included so you can use Map Quest or other sites for driving directions from your home location.

Benet Academy

2200 Maple Avenue Lisle, IL

Take Army Trail Road east to I-355 south, exit on Maple Avenue going west. School is approximately 2.0 miles from 355.

Benjamin Middle School

28 W 300 Saint Charles Road West Chicago, IL

Take Gary Avenue south to North Avenue (Rt. 64) turn right and go west on North Avenue to St. Charles Road. From North Avenue the school is approximately 0.3 miles down St. Charles Road.

Canton Middle School (St. John Evangelist)

1100 Sunset Drive, Streamwood, IL

Take Lake Street west to Barrington Road turn right onto Barrington Road and go north to Schaumburg Road (2.5 miles). Turn left (west) on Schaumburg Road to East Avenue (0.7 miles). Turn left (south) on East Avenue to Sunset Circle (0.5 miles). Turn right on Sunset Circle to parking lot. Enter at southwest set of doors.

Christ the King/Holy Trinity

115 E. 15th Street Lombard, IL

Take Route 53 south to Roosevelt Road (Rt. 38) go east on Roosevelt Road to Highland Avenue and turn right (south). Continue on Highland to 15th Street and turn right (west) on 15th Street. The school will be on your left down 15th.

Glenbard West High School

670 Crescent Boulevard Glen Ellyn, IL

Take Gary Avenue south to North Avenue (Rt. 64) and turn left (east). Continue to follow North Avenue (Rt. 64) and turn right (south) on Bloomingdale Road. Turn left onto St. Charles Road continue until Riford Road and turn right. Go 0.5 miles and turn right onto Crescent Boulevard.

Glenside Middle School

1560 Bloomingdale Road Glendale Heights, IL

Take Army Trail Road east to Schmale and turn right (south). Turn left (east) on Fullerton. Continue on Fullerton. The school is on the south side (right) side of the street before you reach Bloomingdale Road.

Holy Ghost

100 W. Division Street Wood Dale, IL

Take Lake Street east to Villa Avenue (which turns into Wood Dale Road). Go left (north) about 2 miles almost to Irving Park Road. The school is ½ block south of Irving Park Road on the left side of the street as you are going south on Wood Dale Road. Use parking lot on south end. Gym is at the back of the church.121``

Indian Trail Jr. High School (St. Joseph Addison)

222 North Kennedy Drive Addison, IL

Take Lake Street east to North Kennedy Drive and turn right (south) at stoplight. The school will be on your right immediately after you turn onto North Kennedy Drive.

Jay Stream Middle School

283 El Paso Lane Carol Stream, IL

Take Gary Avenue south to Hiawatha Drive and turn right (west). Follow Hiawatha to Eagle View Drive and turn left, go approximately 0.1 miles and turn right onto El Paso Lane.

Lyons Township High School (South)

4900 Willow Springs Road Western Springs, IL

Take Army Trail Road east to I-355 north merge onto I-290 East toward Chicago. Go 8.4 miles then merge onto I-294 South exit 15A, from there go 4.4 miles to Us-34 (Ogden Avenue). Turn right onto N. Gilbert Avenue/Willow Springs Road, continue 1.2 miles to the school.

Montini Catholic High School

19 W 070 16th Street Lombard, IL

Take Army Trail Road east to I-355 south exit at Roosevelt Road (Rt. 38) and turn left (east). Go 1.5 miles and turn right onto Highland Avenue (south). Go 0.6 miles and turn left onto Eastgate Road go <0.1 and turn left onto Stewart Avenue, Stewart Avenue becomes 17th Street. Go 0.2 miles to Fairfield Avenue and turn right then turn right on 16th Street.

Peacock Jr. High School

301 E. North Street Itasca, IL

Take Irving Park Road east to downtown Itasca. At the stoplight for Walnut (by train station) turn left. Go to second stop sign on Walnut and turn right (east) onto North Street. The school is about 2 blocks down. Gym is located in the back of the building

Queen of the Rosary

690 W. Elk Grove Boulevard Elk Grove, IL

Take Route 53 north to Biesterfield Road and turn right (east). Go 2 miles. The school is located 1 mile east of Arlington Heights Road and is on the left.

St. Anne's Catholic School

312 Chestnut Street Barrington, IL

Take Gary Avenue north to Lake Street and turn left (west). Continue on Lake Street to Barrington Road and turn right (north). Barrington Road becomes S. Hough Street at route 59. Turn right onto lake Cook Road. Turn left onto N. Cook Street. Go 0.1 miles and turn right onto e. Chestnut Street.

St. Charles Borromeo/Holy Family

145 e. Grand Avenue Bensenville, IL

Take Lake Street east to Grand Avenue and turn left. Go east on Grand Avenue to York. The school is two blocks east of York. Drive around back to enter the gym.

St. Edward High School

335 Locust Street Elgin, IL

Take Gary Avenue north to Lake Street (Rt. 20) and turn left. Continue on Lake Street that becomes U.S. 20, take the State Street exit (Rt. 31) and turn right. Go 0.8 miles and turn left on Locust Street.

St. Francis High School

2130 W. Roosevelt Road Wheaton, IL

Take Army Trail Road west to County Farm Road and turn left (south). Continue on County Farm Road until the "T" intersection with Roosevelt Road, turn left (east). The school is on your right immediately after you turn.

St. Hubert

729 Grand Canyon Street Hoffman Estates, IL

Take Gary Avenue north to the Elgin –O'Hare Expressway. Get off on the exit for Roselle Road going north (left). Stay on Roselle Road until Illinois then turn left (west). Take Bode Road then turn left onto Grand Canyon Street.

St. Patrick Catholic School

118 N. 5th Street St. Charles, IL

Take Gary Avenue south to North Avenue (Rt. 64) and turn right (west). Continue on North Avenue to 5th Street and turn right.

St. Philip

1233 W. Holtz Avenue Addison, IL

Take Army Trail Road east to Lombard Road. Turn left (north), pass Driscoll High School and continue north on Lombard to Holtz Avenue. Turn right (east) on Holtz. The school will be on the right.

St. Thomas More

1625 W. Highland Avenue Elgin, IL

Take Lake Street west (Route 20) to McLean Boulevard exit. Go north on McLean to Highland Avenue and turn left (west) at stoplight. The school is approximately 3 blocks west of McLean on the south side of the street.

Stratford Middle School

251 Butterfield Drive Bloomingdale, IL

Take Army Trail Road east 0.5 miles to Butterfield Drive and turn left. The school is 0.4 miles from Army Trail Road.

Westfield Middle School

149 Fairfield Way Bloomingdale, IL

Take Schick Road east go across Bloomingdale Road to Fairfield Way, turn right (south). The school is on the left at the corner of Schick and Fairfield. The gym is located to the south of the building.

Wheaton Academy

900 Prince Crossing Road West Chicago, IL

Wheaton Warrenville South High School

1920 Wiesbrook Road Wheaton, IL

Take Gary Avenue south and turn right onto North Avenue (Rt. 64). Turn left onto County Farm Road go 1.4 miles and turn right onto Geneva Road, go 0.3 miles and turn left on Winfield Road. Go 4.2 miles and turn left onto Butterfield Road (Rt. 56). Go 1.0 miles and turn left onto Wiesbrook, the school will be on your left.

St. Walter

201 W. Maple Roselle, IL

Take Army Trail east to Bloomingdale Road and turn left (north). Shortly after Lake Street Bloomingdale Road becomes Roselle Road. Continue north until the stoplight at Maple, turn left (west). The school is two blocks down and on the left.