

Please Pray For...



The soul of...

William Calabrese – husband of Sally Calabrese (member)
Josephine Dalton – sister of Marge Ducey (member)
Ann Keas (longtime member) – mother of Joan Lowe (member)
Vicky and Patrick Freund – sister-in-law and brother of Deacon John and Liz Freund (member)
John Lombardo – cousin of Marie Bilotti (member)
Brianna Sharp – step granddaughter of Madeline Spinello (member)
Janet Miller – mother of Theresa Kornfeind (member)
Faustino Reyna, Sr. and Maria Reyna – great uncle and great aunt of Marisol Glaser (member)
Louis Coutu – husband of Andrea Coutu (member)

The health of...

Mary Christopher (member) and her family
Marie Kowalski (member) and her granddaughter
Joanne Plunkett (member)
Marge Ducey (member)
Toni Sakellaris (member)
Carla Cappilupo – sister of Patti Dahl (member)
Toni Cerone – cousin of Marie Bilotti (member)
Philip Scilabra and Cathy Hish – son and daughter of Cathy Scilabra (member)
Mary Michalic and Adele Gazda – sister and mother-in-law of Ann Gazda (member)
Rose Cortese and family – daughter of Jo Dabrowski (member)

For all of our CCW members and their families

Your prayer requests are important to us, so if you would like one added, please contact Kerry Tripp at ktripp0620@comcast.net. I would also appreciate knowing when the names can be removed.

Handbook for 2010

Health:

1. Drink plenty of water.
2. Eat breakfast like a king, lunch like a prince and dinner like a beggar.
3. Eat more foods that grow on trees and plants and eat less food that is manufactured in plants.
4. Live with the 3 E's – Energy, Enthusiasm and Empathy.
5. Make time to pray.
6. Play more games.
7. Read more books than you did in 2009.
8. Sit in silence for at least 10 minutes each day.
9. Sleep for 7 hours.
10. Take a 10-30 minute walk daily. And while you walk, smile.

Personality:

11. Don't compare your life to others. You have no idea what their journey is all about.
12. Don't have negative thoughts or things you cannot control. Instead invest your energy in the positive present moment.
13. Don't over do. Keep your limits.
14. Don't take yourself so seriously. No one else does.
15. Don't waste precious energy on gossip.
16. Dream more while you are awake.
17. Envy is a waste of time. You already have all you need.
18. Forget the issues of the past. Don't remind your partner with his/her mistakes of the past. That will ruin your present happiness.
19. Life is too short to waste time hating anyone. Don't hate others.
20. Make peace with your past so it won't spoil the present.
21. No one is in charge of your happiness except you.
22. Realize that life is a school and you are here to learn. Problems are simply part of the curriculum that appear and fade away like algebra class but the lessons you learn will last a lifetime.
23. Smile and laugh more.
24. You don't have to win every argument. Agree to disagree.

Society:

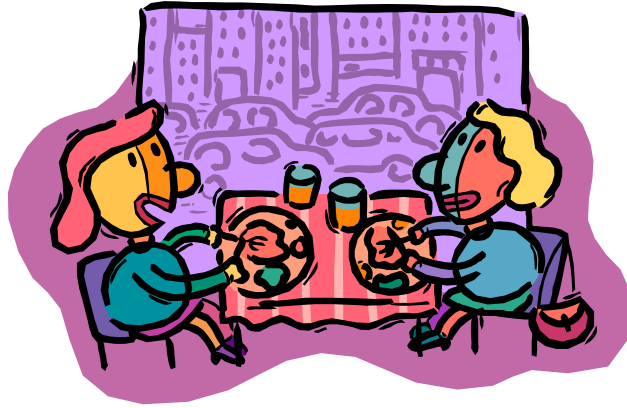
25. Call your family often.
26. Each day give something good to others.
27. Forgive everyone for everything.
28. Spend time with people over the age of 70 and under the age of 6.
29. Try to make at least 3 people smile each day.
30. What other people think of you is none of your business.
31. Your job won't take care of you when you are sick. Your friends will. Stay in touch.

Life:

32. Do the right thing!
33. Get rid of anything that isn't useful, beautiful or joyful.
34. GOD heals everything.
35. However good or bad a situation is, it will change...
36. No matter how you feel, get up, dress up and show up.
37. The best is yet to come.
38. When you awake in the morning, thank GOD.
39. Your inner most is always happy. So, be happy.

Last but not least:

40. Please pass this on to everyone you care about, I just did.



Join us for an evening of fun, as we try something new –
CCW Ladies Night Out!

We will gather at Japan 77 (one of our St. Joseph's Table donors) and enjoy dinner, conversation, and even a little entertainment as we watch the chefs prepare our food in front of us!

This is in lieu of our regular monthly meeting.

Date: Thursday, January 21st

Time: 7:00 p.m.

Place: Japan 77, 2161 Bloomingdale Road
Glendale Heights

Cost: \$20.00

Includes appetizer, green tea/water, soup and salad, fried rice, and choice of steak, chicken, shrimp, scallops or salmon.

RSVP by Thursday, January 14th:

Email Mary Ellen Graf at meg@techsolinc.com.

Notes: You may pay me for dinner when we meet at the restaurant –
PLEASE BRING EXACT CHANGE. Any drinks other than green tea or water are an additional cost.

Mark the Date!

January 21	“Girls Night Out”- General Meeting at Japan 77 Restaurant
January 28	Board Meeting
February 18	General Meeting
February 25	Board Meeting
March 18	General Meeting
March 20	St. Joseph’s Table Set-up
March 21	St. Joseph’s Table
March 25	Board Meeting

January Birthdays: Jo Iacobazzi (1st), Neoli Kirkland (1st), Jo Dabrowski (12th), Kathy Calero (16th), Marguerite (Margie) Ducey (16th), Marianne Farace (29th), Angela Crawford (30th), Cathy Scilabra (30th)



THANK YOU!! THANK YOU!! THANK YOU!! – Nursing Home Christmas Party

A huge thank you goes to Dick Boyer for playing Santa (he missed his calling) and Rose Boyer, Santa’s agent and wife, who ensures that he has everything he needs for his events. (This year there was more than one.) Santa ensured that no one was left without a present. For the first time we had a Mrs. Claus, played by our own Marisol Glaser. She brought joy to all the seniors as she visited with them. Thank you Marisol for volunteering!

I would like to thank my elves: Pat Baker, Jo Dabrowski, Joan Lowe, Joan Gilleran-Strom, Emma Zadro, Louise Tomkowiak, Dorothy Jaskey, Elsa Benavides, Liz Freund, Gloria Hagedorn, Madeline Spinello, Barbara Valentino, and Carroll Madison. Thank you for your help in preparing for the event and serving the men and women of West Suburban Care Center. Ladies, you made the seniors very happy!

Ann Gazda



Our Lady of Good Counsel

St. Isidore Council of Catholic Women

Volume 9, Number 5, January 2010

CCW Officers:

President: Ann Gazda

Recording Secretary: Gloria Hagedorn

Treasurer: Liz Freund

Vice President: Marisol Glaser

Corresponding Secretary: Lucy Zilch

Mission Statement: May our labors of love on Earth enhance the reign of GOD and may GOD'S gifts of faith and loving hope prepare us for the world to come.



Letter from the President

Dear Ladies,

HAPPY NEW YEAR TO ALL!

Looking back on 2009, I am amazed how much the CCW has accomplished and how fast the year went.

I am hoping 2010 will be just as exciting, as we prepare for St. Joseph's Table in March. All the food pantries and shelters have seen a great increase in those requiring assistance and our CCW does a wonderful part in assisting the needy. Two families totaling 11 people were adopted by the CCW during Christmas. Your donations of baby items will assist mothers who make the right choice to keep their babies. Our seniors in West Suburban Care Center also benefitted from your generosity, which was overwhelming!

A big THANK YOU to everyone who contributed to our CCW Christmas Party, either with food donations or helping to set up and/or clean up. It was a great success!

We have a special evening planned for our next meeting, January 21, 2010, "Girls Night Out", we all deserve that....more information is included in the newsletter.

I want to thank all of you for being a part of my life and for all you do for our organization and living the Gospel message. I pray our work will be successful the rest of the year.

Ann Gazda

A HAPPY
NEW YEAR

Next Meeting – "Girls Night Out"

January 21, 2010

Dinner 7:00 pm

Japan 77 Restaurant

Mary Ellen Graf needs your RSVP by Thursday, January 14th.

Please email Mary Ellen at meg@techsolinc.com.

PLEASE NOTE THAT THE NEXT MEETING IS NOT IN THE CHAPEL BASEMENT